

FATHERS AND FOOTBALL

McKinney, TX | fathersandfootball.org

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501(c)(3) public charity

Code of Conduct

Effective Date of Form: August 24, 2026

Fathers and Football (“FAF”) is committed to providing a safe, positive, and respectful environment for all participants, families, coaches, volunteers, and spectators. This Code of Conduct applies to all FAF-sponsored and FAF-affiliated activities, including practices, games, tournaments, clinics, combines, travel, and community events across all Frisco Elite divisions (7U through 14U, boys’ and girls’), NFL FLAG league play, and Texas Flag Football Association-sanctioned tournaments (including Zorts-run events).

Violations of this Code of Conduct may result in warnings, game or practice suspensions, season suspensions, or permanent removal from FAF programs, at the sole discretion of FAF leadership. Serious violations may also be reported to NFL FLAG, tournament operators, or law enforcement as appropriate.

This Code of Conduct works alongside and should be read together with the following FAF policies:

- [FAF Abuse Prevention Policy](#)
- [FAF 1-on-1 Interaction Policy](#)
- [FAF Background Checks Policy](#) (coaches and volunteers)
- [FAF Participant Waiver, Assumption of Risk, and Release of Liability](#)

PART A: PLAYER CODE OF CONDUCT

All players participating in FAF programs are expected to uphold the following standards. For players under 18, parents and guardians share responsibility for ensuring their child understands and follows

Sportsmanship and Respect

1. Treat all players, coaches, referees, volunteers, and spectators with respect, regardless of team affiliation.
2. Accept officials' calls without arguing, taunting, or making disrespectful gestures. Coaches may address officiating concerns through proper channels; players may not.
3. Win and lose with dignity. No excessive celebration directed at opponents, no trash talk, no unsportsmanlike language.
4. Shake hands or otherwise acknowledge opponents before and after games when directed by coaches.

Fair Play

5. Play by the rules. No intentional fouling, no deliberate attempts to injure another player, no circumventing the rules of the game.
6. Follow coach instructions during practices, games, and team activities.
7. Report any injury, illness, or physical discomfort to a coach immediately. Do not attempt to play through a head injury or suspected concussion.

Personal Conduct

8. No profanity, slurs, bullying, intimidation, harassment, or discriminatory language or behavior, at any time during any FAF activity.
9. No physical fighting or threats of violence.
10. No use of alcohol, tobacco, vaping products, or illegal substances at any FAF activity or while representing FAF.
11. Respect equipment, facilities, and the personal property of others.
12. Arrive on time and prepared for practices, games, and events.

Safety

13. Follow all safety instructions from coaches and event staff.
14. Stay within designated areas at practice and game facilities.

PART B: PARENT, GUARDIAN, AND SPECTATOR CODE OF CONDUCT

Parents, guardians, and spectators set the tone for youth sports. FAF expects all adults present at FAF activities to model the behavior we want our players to learn.

Sideline Conduct

1. Cheer for your child and team. Do not yell at, berate, or coach other people's children from the sideline unless you are a designated coach.
2. Do not yell at, confront, or argue with referees, opposing coaches, or opposing parents during or after games. Officials are often volunteers; treat them accordingly.
3. Do not enter the field of play during games unless invited by an official or in an emergency.
4. Follow all facility rules and tournament-specific spectator guidelines (including Zorts event rules).

Interactions with Coaches and Volunteers

5. Respect the "24-hour rule": if you disagree with a coaching decision (playing time, strategy, lineup), wait at least 24 hours before raising the concern, and do so privately with the coach, not on the sideline during or immediately after a game.
6. Direct any unresolved coaching concerns to FAF board leadership through info@fathersandfootball.org, not through social media or group chats.
7. Coaches and volunteers are subject to the [FAF Background Checks Policy](#) and [Abuse Prevention Policy](#). If you have a concern about a coach's or volunteer's conduct toward a child, report it immediately per the procedures in the [FAF Abuse Prevention Policy](#). Do not attempt to investigate the matter yourself.

Personal Conduct

8. No profanity, slurs, bullying, intimidation, harassment, or discriminatory language or behavior.
9. No physical confrontations or threats of violence. Any physical altercation will result in immediate and permanent removal from FAF programs.
10. No use of alcohol, tobacco, vaping products, or illegal substances at any FAF practice or game facility, including parking areas.

12. Parents and guardians are responsible for supervising their own non-participating children (siblings) at FAF events. FAF coaches and volunteers are not responsible for non-participating children.

Communication

13. Keep team communication (group chats, email threads) respectful and on-topic. Do not use team communication channels to criticize individual players, coaches, or families.

14. Do not publicly post or share negative commentary about FAF, its coaches, other families, or other children on social media. Raise concerns through proper channels.

PART C: COACH, VOLUNTEER, AND BOARD MEMBER CODE OF CONDUCT

Coaches, volunteers, and board members who interact with minors hold positions of trust. FAF holds these individuals (“Covered Adults,” as defined in the [FAF Abuse Prevention Policy](#)) to a higher standard than it holds players or spectators. All provisions of the [FAF Abuse Prevention Policy](#), [1-on-1 Interaction Policy](#), and [Background Checks Policy](#) apply to all Covered Adults in addition to this Code of Conduct. In the event of a conflict between this Code and those policies, the more protective standard controls.

Coaching Standards

1. Prioritize player safety, development, and enjoyment over winning.
2. Teach and model good sportsmanship at all times. Your behavior on the sideline is the single strongest influence on your players’ behavior.
3. Provide a positive, encouraging environment. Instruction should be constructive. Yelling at, demeaning, or humiliating a player is never acceptable, regardless of the player’s age or skill level.
4. Know and follow the rules of the game, including NFL FLAG rules and any tournament-specific rules.
5. Ensure practices are organized, supervised, and age-appropriate.
6. FAF does not guarantee a minimum amount of playing time for any player. Playing time decisions are at each coach’s discretion.

Player Safety

7. Complete all required background checks and screening through National Sports ID (NSID) and NFL FLAG before coaching or volunteering. See the [FAF Background Checks Policy](#).

basic first aid and concussion awareness sufficient to comply with Items 9-11 below.

9. Know the location of the nearest first aid kit and AED at every practice and game facility. Know basic first aid for common sports injuries.

10. Follow FAF's weather safety protocols. Do not conduct outdoor activities during lightning or other dangerous weather conditions.

11. Never allow a player to return to play after a suspected concussion without written medical clearance. Follow return-to-play protocols consistent with Texas law (Texas Education Code Section 38.153, applied as best practice even though FAF is not a UIL program).

Child Safety

12. Follow the **FAF Abuse Prevention Policy** and **1-on-1 Interaction Policy** at all times without exception.

13. Never be alone with a single minor in a non-observable setting. Maintain two-deep leadership at all times. See the **FAF 1-on-1 Interaction Policy** for specific rules.

14. Never communicate privately with a minor player through text, social media, or any electronic channel without the player's parent or guardian copied or included. See the **FAF 1-on-1 Interaction Policy**.

15. Report any suspected child abuse, neglect, or policy violation immediately per the **FAF Abuse Prevention Policy** and Texas law (Texas Family Code Chapter 261).

Personal Conduct

16. No profanity, slurs, bullying, intimidation, harassment, or discriminatory language or behavior.

17. No use of alcohol, tobacco, vaping products, or illegal substances at any FAF activity, including during travel for tournaments.

18. No romantic, sexual, or inappropriately intimate relationship with any FAF participant under 18, regardless of the age of consent. This is a zero-tolerance, permanent-ban offense.

19. Do not provide medication (including over-the-counter medication such as ibuprofen or antihistamines) to any player without express prior written authorization from the player's parent or guardian specifying the medication, dosage, and circumstances. See the **FAF 1-on-1 Interaction Policy**, Section 6(c).

and should be receptive to feedback on this topic.

21. Do not use your coaching position to recruit players away from other FAF teams, other organizations, or for any private business purpose.

ENFORCEMENT

Reporting

Any participant, parent, coach, volunteer, or spectator may report a Code of Conduct violation by contacting any FAF board member directly or by emailing info@fathersandfootball.org. Reports involving potential child abuse or safety concerns should follow the reporting procedures in the [FAF Abuse Prevention Policy](#).

Reports will be handled with appropriate discretion. FAF does not tolerate retaliation against any person who reports a concern in good faith.

Disciplinary Actions

FAF reserves the right to impose any of the following consequences for Code of Conduct violations, depending on severity:

- Verbal or written warning
- Removal from a single game or practice
- Suspension for one or more games or a defined time period
- Suspension for the remainder of the season
- Permanent removal from all FAF programs
- Reporting to NFL FLAG, tournament operators, or law enforcement

Serious violations (physical violence, threats, child safety violations, substance use around minors) may result in immediate suspension or permanent removal without a prior warning.

FAF board leadership makes all final disciplinary decisions. There is no formal appeals process, but a person who has been disciplined may submit a written statement to the FAF board at info@fathersandfootball.org for consideration.

No Refunds for Disciplinary Removal

Registration fees, tournament fees, and other payments are not refundable for participants or families removed from FAF programs due to Code of Conduct violations.

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ACKNOWLEDGMENT

By registering for or participating in any FAF program, all participants, parents/guardians, coaches, and volunteers agree to abide by this Code of Conduct. Acknowledgment may be given through a signed paper form, an electronic signature, or a checkbox acknowledgment during online registration (such as through Zorts or Accord), consistent with the electronic signature provisions of the **FAF Participant Waiver**.

Questions about this Code of Conduct may be directed to info@fathersandfootball.org.